



5049 Communicator Est 1947

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Serving the communities of Seacliff, Kingston Park, Marino & Seacliff Park

2026 Spring Edition No.61

CAir5049: researching the quality of the air we breathe *Fred Leaney*

While many of us are familiar with dust from the nearby Boral quarry in summer, a current study of the 5049 postcode by the Centre for Safe Air is detecting other air pollutants that can impact on our health and the environment.

In collaboration with the study, a group of residents has formed CAir5049 (Clean Air 5049). The main purpose of our project is to **identify the major sources of air pollution in the 5049 postcode and to raise awareness of the impact of particulate matter (air pollution) on community health**. The project also aims to **encourage sustainable practices to reduce particulate matter**.

Identifying major sources of air pollution: our website www.cair5049.com provides updates automatically using Purple Air monitors on loan from CSIRO to measure PM2.5 – the tiny particles from smoke that are particularly concerning for health.

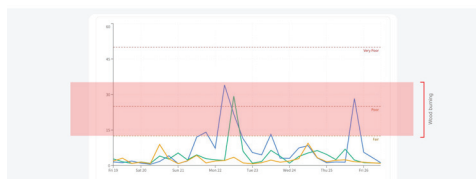
Daily averages of PM10 from dust are also measured by monitors around the perimeter of the Boral quarry.

As coastal residents we like to think that we live in a clean, healthy environment. However, unfortunately, for many this is far from what is experienced.

Over this past winter, levels of PM2.5, primarily from domestic wood smoke, have been detected from the monitors located around Marino.

An example taken from June 2026 data shows PM2.5 levels in the Poor range:

6-hour average PM2.5 data from 4 community-based monitors
19-20 June 2026



The impact of particulate matter (air pollution) on community health: until recently, most health research of PM2.5 used 24-hour averages as the exposure metric. More recent studies, however, have demonstrated that **health effects can be triggered within a few hours (< 3 hours) after exposure, and for some outcomes the effect is similar for 24-hour exposure periods.**^[1]

The effects can include cardiovascular disease and respiratory diseases, particularly asthma and chronic bronchitis. Recent studies have realised links to dementia.^[2]

Community Forum on Clean Air
6pm 22nd September at Kauri Community & Sports Centre.

To understand more about current research on the quality of the air we breathe, CAir5049 is holding a Community Forum with air quality specialists, led by Professor Fay Johnston from the Centre for Safe Air; Asthma Australia; SA Health; and Kristian Mikhel who is conducting the current air quality study in 5049.



Please join us for what promises to be a very informative event:

[1] Environmental Health Standing Committee (enHealth) of the Australian Health Protection Principal Committee enHealth Guidance for 1-Hour PM2.5 and forecast 24-Hour air quality categories and public health advice July 2024 [2] Dementia Australia www.dementia.org.au

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Electrify 5049+

Mary Houlahan

Reading the news, we know moving to renewable energy is where Australia is heading and it's interesting to note that South Australia is on track to achieve 100% net renewable electricity by 2027. This will be achieved by South Australia doubling its battery storage capacity from 1.1 GW to 2.5 GW and by the fact that around half of all homes in SA now have solar panels.

This energy transition means we all seem to be having to put our own energy into household decisions like replacing gas appliances with healthier and more energy efficient electric appliances, deciding if solar and a home battery is right for us, looking at electric cars and also checking that our electricity supplier is the cheapest and best for our needs.

Electrify 5049+ can give you some useful leads in all of these areas. You can find us in person at the Marino Repair Cafe or on our Facebook page Electrify 5049+.



Useful resources for home electrification:

Energy-efficient homes: <https://www.sapowernetworks.com.au/data/322992/10-winter-energy-saving-tips-every-adelaide-household-should-know/>

Electrify your home: <https://rewiringaustralia.org/go-electric/electrify-your-home>

Get off gas: <https://www.solarquotes.com.au/blog/like-money-get-off-gas>

First EV guide: <https://electricvehiclecouncil.com.au/wp-content/uploads/2025/02/Owning-your-first-EV.pdf>

Compare electricity plans: <https://www.energymadeeasy.gov.au>

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WHAT'S ON - 5049 COASTAL COMMUNITY

Visit What's On online at 5049coastalcommunity.com

SAVE the DATE

Tues Sept 22nd 6pm

CAir5049 Community Forum Kauri Community & Sports Centre
Bookings: <https://cleanair5049.eventbrite.com.au>

Sun Sept 27th 10-2pm

Nature Festival Marino Community Garden

Sat Oct 10th 11am

Mural Painting at McConnell Community Native Garden. Paints supplied, Book - <https://muralatmccconnell.eventbrite.com.au>

Sat Oct 24th 2-4.30pm

Kingston House Annual High Tea Bookings essential

Fri Nov 20th 5-8pm

Family Fun evening & AGM Free BBQ, music & kids entertainment at Marino Hall. Book - <https://familyfunatmarino.eventbrite.com.au>

REGULAR EVENTS

Every Tues 10-11.30am

Marino Community Playgroup Marino Community Hall

Every Wed 6-8pm

With One Voice Choir Kauri Community and Sports Centre

Every Thur/Sat 9-12.30am

Hallett Cove Lions The Shed op shop and Barn cafe (Sat only)
36 Quailo Ave, Hallett Cove

Every Sun 2.30-4.30pm

Kingston House Devonshire Teas \$10 head - book 8358 1666

1st & 3rd Thurs &
Last Sun/mth 9-12 noon

Friends of Marino Conservation Park Morning tea and tools provided; meet at car park at top of Nimboya Rd, Marino

1st & 3rd Sun 9.30-10.30am

Friends of Pine Gully working bees

2nd Fri/mth 10am

Probus Mens Club meeting Kingston House

2nd Sat/mth 9-10.30am

Seacliff Rail Care susan.davidson58@gmail.com or Insta

2nd Sun/mth 9am

McConnell Community Native Garden working bee

3rd Sun/mth 9am

Marino Community Garden BYO drinks and nibbles

3rd Sun/mth 1-4pm

Marino Repair Cafe Marino Community Hall

Last Sun/mth 9.30am

Seacliff Produce Swap www.bit.ly/SeacliffSwap

Advertise your event online & here - go to www.5049coastalcommunity.com/submit-an-event/

Editor's Note: Our members receive community enews updates from our new email address info@5049coastalcommunity.com If you would like to have these, please sign up to become a member via the home page on our 5049 Coastal Community Association website.

Marino Rail Care Group

Darren Bailhache, Coordinator

With the new upgrades to the Marino Railway Station now completed, including a 24-hour Emergency Phone and ten live cameras covering the platform, underpass and car park, I would like to take this opportunity to invite you to join the Marino Railway Station Rail Care Group. We look to build healthy neighbourhoods and lead community engagement. The program involves hands-on gardening and public art projects, and is funded by the Department of Transport. For information contact Darren on **0412 50 20 40** Bailhache.communitysolutions@gmail.com



Marino Repair Cafe

Mary Houlahan

Spring has arrived! You might be tackling a bit of spring cleaning - or perhaps not. Either way, you may come across a few items that could use a little attention: the bike you've been meaning to take for a ride, a favourite summer top that needs some stitching, a broken outdoor chair you'd love to sit in again, or a small electrical item that has stopped working.

Bring these, and many other repairable items, along to the Marino Repair Café, where our wonderful volunteers will do their best to check and repair them.

You'll find us at the Marino Community Hall on the third Sunday of every month from 1 – 4 pm. Please note that we'll be taking a break in December and January.

Marino Community Garden

Marilyn Revell

Marino Community Garden is proud to participate in 'Nature Festival 2026'.

Join us in the garden on Sunday 27th September for a hot drink, guided tour and garden-made produce. Drop in anytime from 10am - 2 pm, with plenty of time to relax and enjoy being surrounded by nature.

A gold coin donation would be appreciated to help maintain this wonderful community space.

Our working bees are held on the third Sunday of each month from 9am. Stay for a cuppa and snack around 10.30 and enjoy chatting about gardening. You'll find us at Newland Avenue, Marino.

All our garden beds are full of beautiful butterflies and growth. To become a member, with or without a garden bed, or to request our



latest newsletter, please get in touch:

Email: marinocommunitygarden@gmail.com
or visit our Facebook page: Marino Community Garden.

W: 5049coastalcommunity.com M: 0412 844 188 E: info@5049coastalcommunity.com

Marino Community Hall

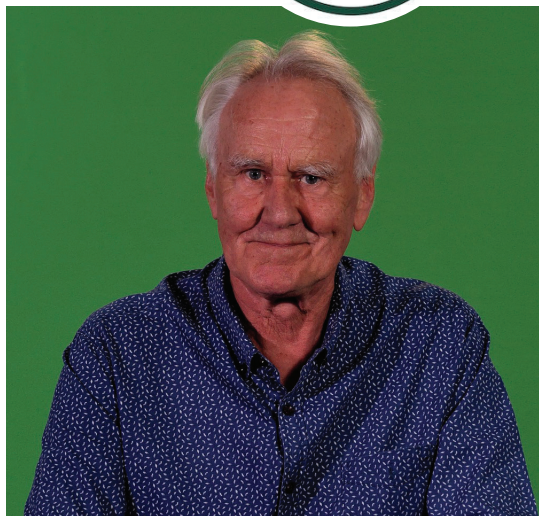
David Mollison

Many members of our community are aware of the fantastic work Rob George has done over many years leading the Marino Community Hall, including its redevelopment into the amazing community asset it is today, thanks to funding from the City of Marion and state and federal governments.

Rob's invaluable voluntary contribution is commendable, and all will be sorry to hear of his resignation as Chair of the Management Committee, particularly while the hall's ongoing lease is being finalised.

Rob has led significant changes, including an increased media presence, an effective booking system and greater utilisation of the hall.

The 5049 Coastal Community Association strongly supports Rob continuing his involvement in our community hall **'run by the community for the community'**.



with Katrina

Yoga at Marino Community Hall
44 Newland Ave
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Boral Linwood Community Consultative Committee

Peter Melnyk

The second Boral Linwood Community Consultative Committee meeting was held on August 3rd. Boral presented their latest updates and I made a presentation on behalf of our community outlining the perspectives of the various stakeholders. Improvements made by Boral were highlighted as well as questions raised regarding some of the data which they presented in April's meeting. An emphasis was made for them to provide a more up to the minute "live" data.

The Terms of Reference for the operation of this group is yet to be clearly ratified.

Meantime cool moist conditions have helped to keep dust levels lower, though that may change as summer comes.

Daily 24 hour averages can be accessed via the CAir5049 website. www.cair5049.com

Neighbour Trailer BBQ

Judy Dangerfield

During June, the Neighbour Trailer BBQ attended 2 events: planting tubestock in Pine Gully and on the Mawson Oval verge. Both events were enhanced by a hearty feed of hot sausages, veggie sizzles and donuts. At Mawson Oval, school students were excited to see and smell their lunch being cooked as a reward for planting over 200 native plants. Samantha Buxton-Stewart, the Urban Greening

Officer from the City of Holdfast Bay, assisted them with correct planting and watering methods. Samantha's leadership in organising regular events involving the local community is to be commended, and we appreciate her regular support of the Neighbour Trailer BBQ. Our willing team of volunteers is always ready to set up and serve rain or shine. Please contact us at info@5049coastalcommunity.com



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Seacliff Community Produce Swap

Emma Sandery

Nature Festival 2026 (26th Sept - 11th Oct) provides a fabulous way to discover, explore, enjoy and play, with events across Adelaide. www.naturefestival.org.au

Another way to connect is by getting your hands in the soil. As things warm up, it's the perfect time to kick off your summer veggie patch. We were reminded recently of a great book to help get started. 'One Magic Square' by Adelaide author Lolo Houbein, is available from SA libraries. Plus come and join us at the monthly Seacliff Community Produce Swap.



Kingston's Historic House

Fran Lovell

Kingston House is delighted to announce our Annual High Tea on Saturday 24th October from 2-4.30pm.

A selection of delicious savouries and sumptuous sweets are served with entertainment from the Onkaparinga Harmony Chorus. A demonstration from the Adelaide Historic Rifle Society is also included for \$50 per head.

Bookings are essential and prepayment is required by Sunday 14th October.

Please phone **8358 1666** or email info@kingstonshistorichouse.com for further information.

5049 MEDIAN HOUSE PRICES

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Marino Rocks Station

Andy Welsh

Marino Rocks station has had a welcome dose of love and attention, with Rail Care and the Department for Infrastructure and Transport wrapping up a mini refresh across the site!

The platforms have been pressure washed and lines repainted. Shelters and fencing have a fresh coat of paint to match the new Seaford line colour scheme, and lots of new signage ties the station together. Fresh plants and mulch have lifted the gardens, and overgrown vegetation has been trimmed back to open up sightlines, which should help the station feel a bit safer at night. The car park has new signage, freshly painted lines, and sturdy new sleepers holding the garden edges together.

This doesn't cover every safety improvement we've raised, and we'll keep pushing for those. But for the increasing number of commuters, school kids, and visitors who use Marino Rocks station, it's a good start!



Xmas came early to McConnell Community Native Garden

Barbara Wake

It's been all-go at McConnell Community Native Garden this winter. Thanks to a Federal Government Stronger Communities Programme grant for upgrades to native gardens, many of the items on our wish list became a reality. A shed was constructed by hard working volunteers over a couple of weekends. And a much-desired irrigation system has been installed to keep the native shrubs happy, particularly throughout the summer. We felt like kids in a lolly shop choosing over 100 new shrubs! Planting them wasn't as daunting as it might have been with help of one of the regular volunteers, Brendan and his trusty auger. Another bonus was the two new wicking beds to join the family of 16 already in the garden to further showcase local native plants.

You're very welcome to check out our new additions and to join our Working Bee and

Morning Tea on the second Sunday of the month, 9 - 11.30am. Come and have a look at the garden where you're likely to see the new very smart marquees. The garden is located in McConnell Avenue, Marino – at the top of Jervois Terrace.



Marino Community Playgroup

Mei French

For children aged 0-5, Every Tuesday during school terms, 10 - 11:30am at Marino Hall.

Playgroup is going from strength to strength thanks to support from local families and community. In just the first 3 weeks of this term, 24 children have joined in the fun - along with their parents, grandparents and carers. It's wonderful to welcome lots of new families.

We are incredibly grateful to Little Nest Cafe, 5049 Coastal Community, and the Marino Community Hall Committee for their generosity in sponsoring our room hire so far. Now we have been successful in a City of Marion community grant to cover costs for a full year. This means the playgroup can remain free for families for another year, and we can offer a few special activities such as art, messy play and information sessions for parents.

We'd love to see you at playgroup!



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Seacliff Rail Care

Sue Davidson

It is wonderful when volunteer community organisations support each other and work together for the benefit of the community. Thanks to the generosity and support of the 5049 Coastal Community Association, Seacliff Rail Care was recently able to purchase a variety of gardening tools and equipment. These new tools will make it a lot easier to plant, weed, prune and generally maintain the verges adjacent to the Seacliff railway stations so that these spaces can be enjoyed by locals and visitors alike. Here is a selection of some of the new tools.

If you are interested in joining a friendly group of volunteers that meets on the 2nd Saturday of each month please contact me at susan.davidson58@gmail.com.



Friends of Marino Conservation Park

Alan Wilson

This is our busiest time of the year with weeds galore that need attention and planting of tubestock while the ground is still moist from recent rains.

Recently, we invited a Year 4/5 class from Seaford Primary School to come along and do some planting in an area that we had recently prepared. It was a great success with over 100 native tubestock planted by the students who were really enthusiastic. Perhaps, one day some of them will return as volunteers as we are always looking for more members.

The new grasslands that now cover the old landfill site, are looking magnificent, with regeneration occurring as a consequence of seed drop from last season's flowering of the native grasses. The cover is now so dense that it is a struggle to walk through the area.

We've had a couple of new volunteers join recently. Why not come along to one of our Bushcare mornings, meet the group and find out if it is something you'd like to do. We meet on the first and third Thursday and the last Sunday of each month with a 9am start at the Nimboya Rd carpark.



Pine Gully

Sue Wiseman

On an extremely wet and cold June 13th, about 15 volunteers arrived in Pine Gully to help plant over 400 plants. Planting holes had been dug by contractors the week before. This was very helpful as the soil was previously very compacted. However, the deluge of rain filled up all the holes, so we knelt in the mud and planted into little mini storage dams.

When the task was completed, we were very grateful to the 5049 Neighbour Trailer BBQ which arrived with tea, coffee and hot food. The chocolate iced donuts provided by Sam looked like even more blobs of mud but were delicious.

Thank you to all the volunteer helpers organised by Sam Buxton-Stewart and Matt Endacott (City of Holdfast Bay). The plants are now thriving.





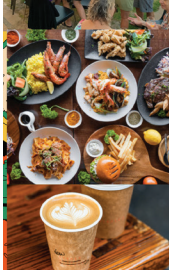
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Federal Member for Boothby

Louise Miller-Frost MP

H5 bird flu has been detected along the South Australian coastline.

I know this is worrying for many people in our 5049 community, especially those who care about our local wildlife or regularly walk their dogs along the beach.

The risk to people remains low, but there are a few simple things we can all do to help protect our wildlife and pets.

If you find a sick or dead bird or other wildlife, please remember to **avoid, record and report:**

- Don't touch or move it and keep children and pets away.
- Record the location and, if it's safe, take a photo from a distance.
- Report it to the Emergency Animal Disease Hotline on **1800 675 888**.

If you're walking your dog near the beach or anywhere wildlife is present, keep them on a lead and don't let them approach sick or dead birds.

It's also a good idea to keep pet food and water indoors and away from wild birds, make sure your dog has fresh, clean water, and clean your shoes after walking through areas with lots of wildlife.

If you keep chickens or other birds at home, keep an eye out for signs of illness and try to prevent wild birds from accessing their food and water.

The Australian and South Australian governments are closely monitoring the situation. The Australian Government has committed more than \$113 million to strengthen Australia's response to bird flu.

There is no need to stop enjoying our beaches. Just take a little extra care and report anything unusual so we can help protect the pets, wildlife and coastline our community loves.

For the latest information, visit www.birdflu.sa.gov.au
For health advice, visit www.sahealth.sa.gov.au/birdflu



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Louise Miller-Frost's office is on the lands of the Kaurna people.

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